

Benjamin Franklin
had it all figured out.



**‘An ounce of prevention is worth
a pound of cure’**

— Benjamin Franklin

Your health plan covers preventive services at 100%! Since most dental problems are preventable, why not take advantage of this important benefit? Keeping your teeth and gums healthy by seeing your dentist regularly can help you avoid more serious oral health problems and more extensive dental treatment. Isn't it time you had a dental check-up?

Make an appointment today.
For information or assistance, please
call Delta Dental at 1-800-237-6060
or visit www.deltadentalva.com.

Everyone deserves a healthy smile!



Virginia Department of
HUMAN RESOURCE
MANAGEMENT

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